

MAINE WOMEN CIVIC LEADERSHIP GUIDE

A Resource for Maine Women

For more information or to order more resource guides, please contact:

Family Planning Association of Maine
PO Box 2617
South Portland, ME 04116
(207) 772-3841
bwilburn@fpam.org
www.fpam.org

Maine Women's Policy Center
PO Box 85
Hallowell, ME 04347
(207) 622-0851
info@mainewomen.org
www.mainewomen.org



MAINE WOMEN'S CIVIC LEADERSHIP GUIDE

**A Reference Book for
Maine Women**



MAINE
WOMEN'S
POLICY CENTER

A collaboration of the Family Planning Association of Maine and
the Maine Women's Policy Center

December 2005

Pro-Choice women need access to political information and leadership opportunities in the state of Maine. Lack of information about organizations, opportunities, and political parties can be challenging for women interested in becoming more civically engaged. To address this need, the Family Planning Association of Maine and the Maine Women's Policy Center created the **Maine Women's Civic Leadership Guide** for women wanting to become more civically involved in their communities.

This is a work in progress, and we welcome additional information about organizations you think should be included.

Planned Parenthood of Northern New England

Contact Person: Lyndsay Santeusanio

Address: 51 U.S. Route 1, Suite C, Scarborough, ME 04074

E-mail Address: lyndsays@ppnne.org

Web site Address: www.ppnne.org

Phone Number: (207) 510-2201

Planned Parenthood of Northern New England (PPNNE) is the largest reproductive health care and sexuality education provider and advocate in northern New England. PPNNE was founded in 1965 and now has 26 health centers across Maine, New Hampshire, and Vermont. Our mission is to provide, promote, and protect access to reproductive health care and sexuality education so that all people can make voluntary choices about their reproductive and sexual health.

Volunteer/Internship Opportunities for women:

Please contact Lyndsay Santeusanio for volunteer and internship opportunities.



National Organization for Women, Maine Chapter (Maine NOW)

Contact Person: Lucinda McGinn

Address: 665 Saco Street #172, Westbrook, ME 04092

E-mail Address: mainenow@maine.rr.com

Web site Address: www.mainenow.org

Phone Number: (207) 797-8508 (messages only)

Maine NOW is a non-profit, all-volunteer women's rights group associated with National NOW. We work on "actions" around women's issues and provide educational materials on a variety of issues. We also have a PAC to help support pro-women's issues candidates. Examples of our actions include rallies, marches, letter writing/postcard campaigns, protesting, etc. Our educational component includes the sponsorship for events such as the movie "Wal-Mart: The High Cost of Low Price" (Nov. 2005) or in providing educational materials about NOW and current issues at progressive events.

Volunteer/Internship Opportunities for women:

We welcome volunteers and interns. As an all-volunteer organization with a limited budget, we do not have paid staff, nor do we have a physical location. Volunteers in the Portland area may contact Jennifer Halm-Perazone at 871-0618 and in the Bangor area, JoAnne Dauphinee at 989-3306 or they may e-mail Maine NOW.



A Rising Tide

Contact Person: Corey Hascall, Executive Director

Address: 61 Berkshire Road, Portland, ME 04103

E-mail Address: arisingtide@maine.rr.com

Web site Address: www.arisingtidemaine.com

Phone Number: (207) 650-2343

A Rising Tide... was founded in 2004 as a non-partisan civic leadership organization. Our mission is to encourage young Mainers, ages 16 to 35, to become more active participants in our shared community by teaching them how to organize a successful grassroots campaign. *ART...* sponsors and facilitates intensive 3-day campaign training seminars that take recruits through the fundamentals of building and executing an effective grassroots organizing strategy.

ART's... program focuses on people who want to run for office, those who want to become campaign professionals, or activists who want to be more effective volunteers. *ART's...* campaign training seminars occur quarterly at various college campuses across Maine and are taught by some of the best political minds in the state. Graduates commit to volunteer a minimum of 40 hours for the candidate, campaign, community service project, or social cause of their own choosing.

Volunteer/Internship Opportunities for women:

A Rising Tide... facilitates 3-day campaign training seminars four times a year at venues all over Maine.

A Rising Tide...
Civic Leadership Training for Maine's Next Generation

Family Crisis Services

Contact Person: Kate Huntress, Community Services Coordinator

Address: PO Box 704, Portland, ME 04104

E-mail Address: kate_h@familycrisis.org

Web site Address: www.familycrisis.org

Phone Number: (207) 767-4952 x 116

Family Crisis Services is the domestic violence agency serving Cumberland and Sagadahoc counties and is a member of the Maine Coalition to End Domestic Violence. We provide a wide range of services to victims and others affected by domestic abuse: 24-hour crisis hotline, emergency shelter, court advocacy/outreach, workplace education, elder abuse advocacy, incarcerated women's advocacy, support groups, transitional services, and prevention education through our Young Adult Abuse Prevention Program (YAAPP).

Volunteer/Internship Opportunities for women:

Volunteer Crisis Advocacy Training is held three times a year (33 hours over approximately 6 weeks). Trained volunteers assist staff advocates by providing evening and weekend hotline coverage from their own homes using a pager system. Additional volunteer opportunities include co-facilitating support groups, providing childcare/child advocacy for children in shelters or whose mothers are attending support groups, assisting staff advocates in our emergency shelter for women and their children, administrative support, fundraising, and special projects.



Maine Women's Policy Center

Contact Person: Sarah Standiford

Address: PO Box 85, Hallowell, ME 04347

E-mail Address: info@mainewomen.org

Web site Address: www.mainewomen.org

Phone Number: (207) 622-0851

The Maine Women's Policy Center was founded in 1990 to improve the economic, social, and political status of women and girls in Maine through public policy and leadership development.

The Maine Women's Policy Center is committed to systematic change. For fifteen years we have organized, trained, and supported women to effectively participate in the policy making process. Through research, we consistently support the real life experiences and challenges of Maine women. The Maine Women's Policy Center often partners with our sister organization, The Maine Women's Lobby, to amplify these concerns in the legislature and develop public policy solutions that address women's needs. We especially seek to serve women who are under-represented through the formation of public policy—particularly rural women and women with low incomes.

Volunteer/Internship Opportunities for women:

The Maine Women's Policy Center has volunteer/internship opportunities. We are currently recruiting volunteers for Girls' Day at the State House, the Roe v. Wade Anniversary and "Rolling Justice," a cross-state trip to raise awareness about the nomination of Judge Samuel Alito to the Supreme Court.



Maine Women's Campaign School at Yale University

Contact Person: Martha F. Sterling-Golden, Political Director
Address: PO Box 3307, New Haven, CT 06515-0407
E-mail Address: wcsyale@wcsyale.org
Web site Address: www.wcsyale.org
Phone Number: (207) 443-5967

The Women's Campaign School is a nonpartisan, non-advocacy political campaign training program held at the Yale Law School in New Haven, CT, providing the very best training in the world for women who want to run for office or who want to move up to higher elective office. We train women to run political campaigns and to advance their careers in public life in political environments.

Volunteer/Internship Opportunities for women:

There are volunteer opportunities at our One-Day Seminars and our 5-day Annual Summer Session in New Haven, but they are very limited.



**THE WOMEN'S
CAMPAIGN SCHOOL
AT YALE UNIVERSITY**

Family Planning Association of Maine

Contact Person: Nicole Clegg, Director of Public Affairs
Address: PO Box 2617, South Portland, ME 04116
E-mail Address: nclegg@fpam.org
Web site Address: www.fpam.org
Phone Number: (207) 772-3841

The Family Planning Association of Maine not only provides reproductive health care to men, women, and teens; we are also creating a grassroots network of support for reproductive choice within the Public Affairs Department. As we grow our activist network, we look to create more political advocacy amongst our volunteers, whether it be attending a press conference, participating in public hearings, volunteering for a 'grassroots' event, or attending forums similar to the Women's Political Leadership Forum. With activists engaged in all the efforts, Maine will continue to stay a pro-choice state. An exciting new project, Women Running, Women Leading... Maine seeks to engage more pro-choice women in the political process and by encouraging them to run for public office and creating networks of community support as they embark on the campaign trail.

Volunteer/Internship Opportunities for women:

There are numerous opportunities for volunteering and unpaid internships, from working on projects to creating events. We welcome collaboration!



Hardy Girls, Healthy Women, Inc.

Contact Person: Megan Williams

Address: PO Box 821, Waterville, ME 04903-0821

E-mail Address: megan@hardygirlshealthywomen.org

Web site Address: www.hardygirlshealthywomen.org

Phone Number: (207) 861-8131

Hardy Girls creates opportunities, develops programs and provides services that empower girls and women. We have a resource center with over 400 books, videos, magazines, and curricular material available for lending, a website with resources, a newsletter with tips and upcoming events and programming for girls from 3rd grade on.

Volunteer/Internship Opportunities for women:

There are opportunities for both volunteers and interns depending on interests and skills. We have a resource center, and we offer programming for women and girls.



Maine Citizen Leadership Fund

Contact Person: Jeff Fetterer

Address: 1 Pleasant Street, Portland, ME 04101

E-mail Address: mclf@maine.rr.com

Web site Address: www.maineitizen.org

Phone Number: (207) 780-8657

The Maine Citizen Leadership Fund leads in the effort to build a progressive movement in Maine. We focus our energies on policy development, leadership training, and advocacy. We specifically work on improving democracy and strengthening Maine's economy. We also have regional bases of activists where they learn leadership development skills. See more at our website, www.maineitizen.org.

Volunteer/Internship Opportunities for women:

We welcome volunteers to provide office support, and we occasionally depend on volunteers to raise awareness about our issues through phone-banking. We currently have three interns, two are women.

MAINE CITIZEN LEADERSHIP FUND

Vision Action Reform

Maine Centers for Women, Work & Community

Contact Person: Gilda E. Nardone, Executive Director
Address: UMA, 46 University Drive, Augusta, ME 04330
E-mail Address: nardone@maine.edu
Web site Address: www.womenworkandcommunity.org
Phone Number: (207) 621-3437 or 1-800-442-2092 (Maine only)

WWC provides training and one-on-one assistance in career planning, business start up, financial literacy, and leadership development through 17 Centers and Outreach Sites statewide. Our leadership program involves voter education and advocacy on women's economic security issues and community leadership training and networking.

Volunteer/Internship Opportunities for women:

We have a Policy and Advocacy Internship position in Augusta (currently a work-study position although we are seeking funds for a stipend to augment) and are looking for candidates for the spring 2006 semester.



League of Independent Voters

Contact Person: Justin Alford
Address: 1 Pleasant Street, Portland, ME 04101
E-mail Address: justin@indyvoter.org
Web site Address: www.portlandme.indyvoter.org
Phone Number: (207) 772-3207

The League is a sustainable community of progressives, ages 17-35, that fosters opportunities to connect, educate, organize, and empower their peers within local and state issues and politics. The League accomplishes this through biweekly meetings, events, and action nights. Where societal barriers have made it difficult for young people to engage in politics and community work, the League is committed to creating channels for young people to access knowledge and opportunities in politics and in their communities. The League annually endorses candidates, produces voters guides, throws parties, and makes organizing easy and fun.

Volunteer/Internship Opportunities for women:

The League has numerous volunteer opportunities including a position as outreach coordinator and positions on the steering committee, endorsement committee, and fundraising committee. The League is also establishing a new group in the Midcoast region and would be excited for you to be involved.

Mabel Wadsworth Women's Health Center

Contact Person: Ruth L. Lockhart or
Cindy Collins

Address: PO Box 918, Bangor, ME 04402

E-mail Address: info@mabelwadsworth.org

Web site Address:

www.mabelwadsworth.org

Phone Number: (207) 947-5337

Mabel Wadsworth Women's Health Center provides comprehensive women's health clinical services including prenatal and abortion care, general women's health, breast exams, birth control, menopause, colposcopy, and others.

Volunteer/Internship Opportunities for women:

We offer a wide variety of internships in undergraduate nursing, graduate nursing, pre-med and medicine, sociology, social work, business, public administration, communications, women's studies, etc. Volunteer opportunities in clerical, clinical, community organizing, development, etc. Our ability to take on interns and/or volunteers depends on supervision availability and the needs of the organization.



*Mabel
Wadsworth
Women's
Health
Center*

Maine Association of Interdependent Neighborhoods

Contact Person: Judy Guay or Russell Anderson

Address: MAIN PO Box 2711, Bangor, ME 04402 (Judy)

E-mail Address: info@midcoastmaine.org (Russell)

Web site Address: www.mejp.org click on 'MAIN'

Phone Number: (207) 947-4371 (Judy); (207) 832-4754 (Russell)

The Maine Association of Interdependent Neighborhoods was formed in December 1980 to create a statewide voice for low-income concerns. We are a coalition of low-income people and other concerned individuals and organizations working together to gain control of our living conditions. We work with Maine Equal Justice Partners to propose legislative changes and to represent the views of low-income people in front of state agencies, on advisory committees, and in the courts. By working together, we have become a strong and well-respected voice for low-income people in Maine.

Volunteer/Internship Opportunities for women:

Help on special projects or general organizing with the statewide group or in the regional chapters (Orono and Waldoboro).

Time and commitment varies.

